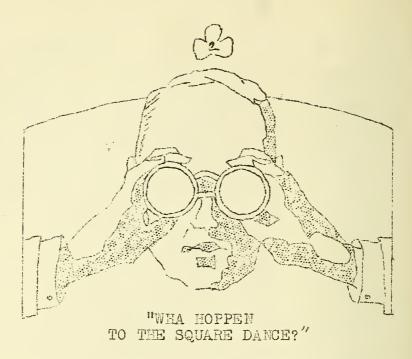


up that will catch up all those who come within its influence. So stop being dismayed at this temporary period of stress and inertia. Who is crying about it the loudest? Who are these people who look for the nearest shoulder to cry on? Give them a box of Kleenex and go about your business. It does everything and everybody a world of good once in a while to get a licking. It isn't the beating that is of importance it's the way you take it. Cheer up! Square dan cing has been done for hundreds of years and it isn't going to die now.

sn't going to die now.
Sincerely

Ralph



Ъy

# Vyts Beliajus

During recent months I've been receiving many letters beefing(as one writer called it) about the present trends in square and folk dan cing. All seem to consider VILTIS as the only vanguard left which safeguards true and genuine traditions. It is a wonderful reputation to acquire and we are mighty proud of it. VILTIS is not on the market to make money. In fact we don't! We rely entirely on subscriptions and re newals which we never fully collect to pay for a single issue. Therefore, money is not our ob ject. Our object is sincerity and friendship. We like to be true to ourselves and to our readers We "lick no one's boots" and we say what mean even if it means losing a few touchy sub scribers. Truth prevails, in spite of it.

I didn't write anything too much about the



square dance and the new creations previously, because I didn't get around to see them work. When one teaches continually it is hard to get away and see what others are doing. This summer and autumn, I tried to be on my own and go round to see "Is it true what they say about square dancing?".

Yes, square dancing left the lowly "barn" and forsook the simple folk for whom the barn contained the daily bread and staff of life .... ordinary life ... it for sook and divorced itself completely and it adopted a highly painted and manicured "dame" and went high class and colleg iate. No more can Uncle Joe, Aunt Sarah, cousin Abner and sister Susy join into the circle and have an unhurried good time following calls which are not above their head. Now. Mr and Mrs Joeseph Smith, son Abner (less common) and Susan na Smith, will first have to take lessons in square dancing, pay money so that they may deci pher and distinguish the fifty different "Do ceys" and the fifty different allemandes. They must know that "dos a dos, docey do, do sa do, do say doe(dough?) do paso" etc.ad nauseam, are not the same thing, as not the "allemande thar, allemand X.etc.etc."

Up until recently I along with many others were wont to throw the entire blame of the creativity of so-called "folk dances" entirely upon the shoulders of the North Californian folk dancers. After some investigation I discovered the picture to be greatly erroneous. The greatest part of the blame should be thrown on the shoulders of the square dancers and square dance leaders, particularly their prophets and sages.

Of late, the U.S. is blessed with an abund-





-ance of square dance callers All one has to do is attend one session at a square and folk dance camp and he is a graduate. These ten day won-

ders are flooding the country and all making money. Some clumsy oxen, who look about as graceful as an ele phant would be doing a Pas de Deux in ballet, are leaders! And charge as little??

as sixty dollars for an evening, and as high as \$200, and all that their background consists of is attending one, or two possibly, institute ses sions in California, or other places. That is a crime! These ten day wonders, wanting to show off their ability, are usually the ones who flood the land with trash. It is thanks to them that they inspire their charges with the unhealthy thought of mind that European folk dancing is "unamerican."

As is ald cases of prejudice...ignorance is always the cause of prejudice...here too their ignorance of European folk makes them in to "Square Fascists". They take the figures of European dances which they don't quite remember correctly, set them to American popular tunes often, proudly attach their name to it, and there is a brand new brain storm, strictly American.

In this case, their prohibition against doing folk dancing when dancing squares, is lifted because then, without contradiction(?) they are not doing folk dances, but American(???) rounds. This junk, mind you, is being stuffed and crammed down the throats of actually innocent and trust



ting pupils who come from great distances, pay big money to attend a camp to learn...what?

The gall of these people is often admir able. To think that these choreographers, with out any background to speak of, except perhaps one or two camps, who again in turn, learned dan ces from others who had one or two sessions themselves, become authorities and the leading spirits of communities!! (Why, if one would go to an ordinary, but bona fied dancing school, which claims not to be any authority but has a good background of dancing, having learned this art for years, can certainly do more for and give you a correct style to boot in your dancing) If you can get that in your own town, why then go to those camps?

The next thing noticed which takes place among folk dancers, due mainly by the poisoning of the above type of leaders, is the complete di vorcing of the folk feeling, the wholesome and friendly mixing of people. Their product is be coming intolerant to dances wherein they must give up their partners..namely, mixers. Women es pecially resent it, claiming "Why should I bring down my husband (or partner), and then have to dance with a girl (or with some kind of a clumsy "shlock")? Men usually never object to dancing with someone else's wife for a change. The spirit of friendliness and sportmanship is gone. They want only their own set of squares, or round dancers in which they will not have to be burdened with the inconvenience of a person, or coup le, who does not know too well how to dance. They forget the time when they were new and needed help and appreciated getting it. Now their appreciation has left them.

Also, because of the above "choreographers"

we are very rapidly going back to a period where folk dancing will once again be banned as "immoral". It is taking place already. In Ohio one community has banned folk dancing from its lawn because folk dancing is now considered to be "immoral". New York State (Education Dept.) withdrew its funds toward the encouragement of public folk dancing because of its "uselessness" I can see why and this is only the beginning. Their type of folk dancing is useless. It breeds snobbery and a type of "fascism"..anti "people" of other backgrounds". It is going back to the stage when folk dancing will be taught in an el ementary stage in the Phys. Ed. Department of Uni versities and Teacher Training Schools, who even though the dances were elementary, thanks to the Finys. Ed. teachers, they kept the dance alive dur ing a period when they and only "foreigners" danced.

What can one do. What is one to do to safe guard traditions and to save the folk dance from further deterioration, to keep it on a high plane and clean the field from all the thorny thistle now destroying well cultivated crop lands? VILTIS can't reach the masses. Its opposition certainly will not print my pleas for "coming to their senses". Let's hear your suggestions.

(Reprinted from VILTIS, by permission)

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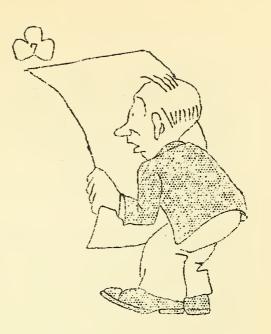
NORTHERN JUMKET would like to have your ideas and suggestions also. Vyts Beliajus is one of the nicest men we've ever met, and we know he must have felt very strongly about the subject to have written this article. He didn't exaggerate the situation. Let's hear from you.

SOME BACKGROUNDS

OF THE DANCE

by

Ralph Page



The dance of a folk reflects their character and their state of mind. Languages are but a code that not everyone can decipher, but movement is common to all living things, and when that movement becomes dance it is marked by the character of its creators and is there for all to see and understand.

Normal human vigor seems to express itself emotionally through the medium of the dance. We may have lost the original significance of a date in our calender or the source of its rites; but it surely exists if we lay bare but a very thin surface.

Folk dances seem to fall into three basic patterns: Contra, Circle, and Square. These in turn may be broken down into several variants. No country may lay claim to sole ownership of any of the aforementioned patterns. Even the most ardent patriot would shrink at saying: "My country originated the square", or "My country



Originated the contra", or "My country originat ed the circle", for music and dance know no boun daries as many a dictator has discovered to his chagrin and dismay. At one time England forbade the Irish to sing their songs or to dance their dances. Successful? You know the answer. Russia is attempting the same thing today, and I prophe cy the same catastropic results.

Contra dance patterns are very ancient and still exist among all nations. Literally it is a dance of opposition, performed by many couples face to face, line facing line. The principle of this dance form involves the principle of sexual attraction, approach, separation, and uniting, multiplied into communal participation.

The 17th and 18th century saw this form de veloped to a high degree of popularity. European peasantry and bourgeois society developed it to its highest point in complexity. The corresponding country dances of England numbered some 900 in all in 1728; explored every form of cross over and interweaving; the number of participants varying from four to an indefinite number. "For as many as will."

The Spanish had some elaborate but very charming contradanzas. Italy has cuntradanzas in every province. The French contredanse devel oped as offsprings the cotillion and quadrille which in turn was developed into the American square dance.

The circle dance pattern is thought by many to be the oldest. They are dances done in circular formation; open or closed circle. In an open round the line of dancers is guided by a leader in a circular path, which may meander a



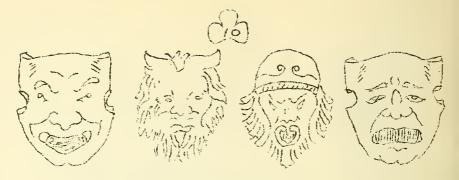
around the room, through the fields or up and down streets or tie all sorts of loops.

This open circle variant or serpentine is commonly associated with fertility rites, bless ing of the fields, sowing and harvest festivals, and even snake symbolism for ordinarily the snake symbolizes the fertility inherent in the earth and rain. Vestiges of these rites are to be found in such American square figures as the "grapevine twist." You will also find them in German "Twelfth Might" celebrations in dance to Berchta, where the dancers wind in and out among the orchards and fields to insure good crops.

The Greek "geranos", or crane dance is believed to have its origin in the Theseus legend: the rescue of Athenian youths and maidens from the labyrinth. Most of these dances use a running step or skip and often introduce an arch figure-both are fertility rites. They have been transferred to this country in the Running Set.

With an alternate arrangement of couples, a closed round or circle dance develops into your square pattern. Usually done by four couples, it may include even more-each of whom stands facing into the center and forming one side of the square.

There has been much give and take in square dance formations between Denmark, the British

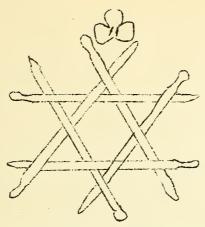


Isles and France. Trade and conquest transfer small elements or entire rites which often will blend with native practices, thus uniting far distant cultures.

Ritual drama plays an important part in the history of the dance. It implies a struggle between two forces: two shamans, man and demon beast and hunter, life and death, summer and win ter, good and evil. It implies too, a well defined sequence of encounter, conflict and denouement. This sequence may doal with exorcism, pur suit, capture, sacrifice.

Within the realms of ritual drama lies the stick dances which may have originated with clubbing initiation. Sword dances presuppose a metal culture and may represent a change from the stick dance. Prehistoric combats were reinterpreted as Moors and Christians following the Crusades after the 11th century.

Dances involving the use of weapons are to be found among all primitive societies. To dance before battle gives strength, rehearses thrusts and parries. The clash of bronze was believed to drive away evil spirits. Armed dances at fun erals frighten away evil influences which did turb the heroes sleep. A dance of triumph was not only in exultation, but also a purge of the souls of dead enemies from the surrounding air.



Food was desired. Rain was needed. Or floods must be dried up. Then dance for it. A warrior was sick. Then dance the demons out of him. A man dies. Then dance to lay his ghost and protect his survivors from possible threats of his wandering shade.

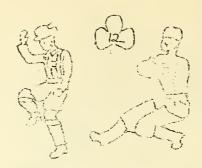
Sword dances are still performed in many parts of the world, at weddings, funerals, and particularly at solstice ceremonials.

Some highly spectacular dances are found in these sword dance ritual rites: Scotch Sword Dance, Sword Dances of Northern England, and per haps the most spectacular of all-the Basque "ezpata dantza".

Stick dances are ritual dances distinguieh ed by the manipulation of sticks or staves. They are found in many parts of the world in various forms and are almost always a male prerogative.

The Lithuanian Mikita and several of the English Morris dances such as Lads a Bunchum are among the best known.

The leap and high kick have, since time im memorial expressed productive and generative en



ergy. These acrobatics have in modern society degenerated to the exhibitionistic cancan and burlesque dances. High leaps are the extreme ex pression of the vital impulse and are believed to communicate vitality to the crops; for as high as you can leap, so high grow the crops.

Couple dances are any mimetic courtship dances performed usually by a man and a woman The usual pattern is the wooing dance of the man around his lady. The drama of love varies from pursuit and capture to rejection.

Mimetic work dances portray cultivation of the fields, sowing, harvesting. Medieval guilds mimed each of their professions in festive processions, some still preserved in European folk dances; Sir Roger de Coverly-a sire of the Virginia Reel-dates from the days of the Manseatic League and the weavers; guild; the Swedish Vafna Vadna is another weaving dance. The Danish Shoe maker's Dance, Tinker's Dance, are other examples of occupational dances.

Folk dance is communal reaction in move ment patterns to life's crucial cycles. Batural cultures dance from the cradle to the grave; mec hanized society, for sociability and diversion.

The universal functions of folk dance vary according to climate geographical conditions, and temperament. Despite identity of certain



steps and formations, every continent, nation, or tribe has its distinctive form.

The dance is not only a pastime, but in many places and among many races it is a coremony, frequently a solemn ritual. It seems that the origin of most dances can be found in religious worship. Both in olden times and among modern peoples who are of simple faith, it was and is invested with a dignity which it never has had and probabably never will have among nations whelive in an artificial form of society.

The dance belongs to all countries and to all ages. It has come down to us through all myths, through all histories, through all religions, in spite of repressive edicts and anathemas.

The dance was frequently the outcome of some form of joy or ecstasy, whether it was displayed by the evolutions of Pacchantes, of ancient Roman priests, of mediaeval Christians, of dancing dervishes, or by the natural and grace ful steps of little children who will move in unconcious rhythm to express their delight.

In the first centuries of our era the Church allowed dancing within its sacred walls. The Abbot Meletius, an Englishman, upon the ad vice of the first Gregory, permitted dancing in his churches up to 604, though the nature of the dancing is obscure.

Then came a period of degradation of it as an art, til it found its renaissance in Italy in the 16th century. Thence it was introduced at the French Court by Catherine de'Medici, and the dance in Italian fashion became extremely popu-



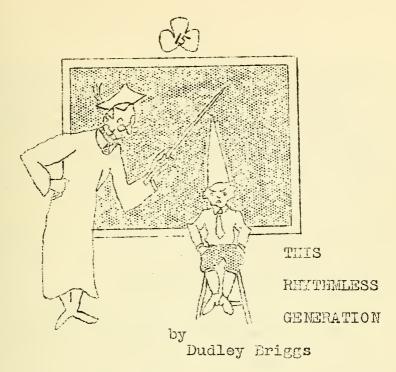
lar, and excited the admiration of all.

Strange to say, the best works on early dan cing have been written by very grave men. "The Orchesographie", a truly scientific book, was published in 1588 by a French monk, who had to conteal his identity under an anagram.

Many more works have been written against the dance than about it. This is not too strange when one considers that up to comparatively mod ern times the only people who knew how to write were monks, priests, and other learned men averse to choregraphic art, attaching small importance to it. All this has been very prejudicial to the history of the dance.

Through the ages dancing has been alterna tely grave or frivolous, religious or secular All doors have opened to it—the gates of the temples, the castles of kings, the halls of learn ed judges, the cabin of the peasant. Sometimes we find it consecrated with the aroma of incense and sometimes we see it stained and profáned with wine; again it brings the scent of trodden thyme or of Highland heather, but everywhere it moves to harmony, and in spite of oppression, restriction, and abuse, it greets us even today with a smile.

To be continued



I am a great believer in musical therapy and I think that the strong steady rhythms of folk music have a very beneficial effect on the human system; something like a spring tonic.

There is no doubt that young folks today don't display much rhythm in their dancing. There no doubt are many causes, but I don't believe it is all their fault. I imagine that they have as much inherent ability and rhythm as their forefathers, but various factors conspire to prevent it from developing

One of these is modern dance music.

It has been the style some years now to neglect the rhythm in popular stuff and to accent uate florid orchestration and vocal work. Popular music is less for dancing than it is for



listening, at least that large proportion which comes from records and radio. The rhythm is subdued until it is unheard; it is broken up at some spots, usually in modulating keys, and the vocalists kick it around unmercifully. In all this, they are very foolish, because they are bringing up a generation which cannot dance. And when this generation finally ceases to get any pleasure from just walking around to music as they are now doing, then a lot of musicians are going to be out of jobs; having for years provided poor music for dancing. They will have orch estrated themselves right out of music and into working in a garage or something.

Somebody or other has said that "In the be ginning was rhythm" and I believe that it pays never to forget that. I believe it so strongly that in an orchestra I would try to have one rhythm player for every melody player wherever possible. I would spend as much time on how the pianist touches the keys, and how the bass pluck the strings, how the rhythm section works togeth er, as I would on getting the right melody from the fiddle. Any structure is built best on a firm foundation, and rhythm is the foundation of dance music.

In this, the Africans and South Americans are way ahead of us in inventing and exploiting dance rhythms. The Hindus, on the other hand, have gone so far in making subtle rhythms that it is difficult to distinguish any in their mu sic. There is the story of a palace drummer in a rajah's household who was supposed to accompany a dancing girl, and as is the custom, he was supposed to pick up the rhythm from her dancing after she got started. Well, her rhythm was so



subtle that he couldn't get it, and she finally had to tap it out on the floor several times be fore he could fall in with her. He is said to have felt the disgrace so keenly that after the dance he went out into the grounds of the pal ace and committed suicide. When rhythm becomes that subtle it becomes only an intellectual process and is apt to die off.

In regard to the music training of young sters, they have a lot, but it is chiefly devoted to music appreciation of the classics, pure tome production, melody and harmony. Rhythm is not discussed and developed as it should be. Oh, they will tell you it is, but it isn't. They are too anxious to have the kids produce a recogniz able tune, and too willing to leave it there.

The cure for this abominable situation lies in reversing the trend of rhythmlessness, and it can be done through folk dancing better than any other way. These youngsters must be taken and grounded in rhythms and dancing ability. The way to do it is for all people who have the ability to take groups of young people in a sort of youth canteen work, as so many do with youngsters in Scouting, and teack them and lead into proper dancing habits. A code for dancers should be drawn up, like the Boy Scout code, and it should include such things as manners on the dance floor, the will to help the beginner, etc.

Leading organizations in the field such as the YWCA and Country Dance Society should send field agents to all high schools and junior high schools in their local press and try to in terest some teacher in each school to be such a dance Reader.

Scontinued on page 27

# FOLK COOD DANCE

Riverce mod Hum na nyall Georgal Round Mance

Music-Any good reel or medley of reels, provided the tunes are of 2 parts of 8 measures each and each part of which is repeated.

#### . The Dance

#### Formarion:

Any number of couples(preferably even numbers) ladies on partners right, form a ring all facing center. Number off by couples, 1-2etc Introduction:

All stand still while eight measures of music is played.

Figure 1(Meas.1-4)All join hands, with the elbow bent and all dance a "Seven" and "Two Threes" to the right. (Meas.5-8) All dance a "Seven" and "Two Threes" to the left in same manner.

Figure 2(Meas.1-4) Each man joins both hands crossed(right over left) with partner, and turns her once around with Promenade Steps. (Meas.5-8) Each man now turns the lady on his left once around in same manner. You finish each turn in or iginal position.

Figure 3 (Meas. 9-12) Partners link right arms and



turn once around in place with Promenade Steps. (Meas. 13-16) Men link left arms with lady on their left and turn once around in same manner. Again you are in or

iginal position.

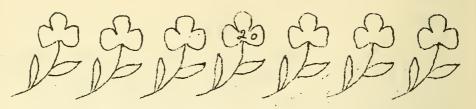
Figure 4(16 meas.) Couples 1 & 2 face each other. All other odd couples face nearest even numbered couples. All join inside hands with partner, elbows bent, and man's palm facing forward. In this position all dance forward past the couple facing,& passing that couple by the left shoulders, next couple by the right shoulder etc. alternately as in an ordinary chain move-

Continue this Chain movement for 16 meas ures of music. Then all join hands in a ring, no matter where you happen to be at the time, and repeat the dance from the beginning, omitting the Introduction. Continue as long as desired.

ment.

The Steps
"Seven" and "Threes". These two steps combine to form the "Side Step". It is the backbone of a great many Irish dances, and can best be learn ed from someone who knows it. However, here goes for as good a description as we can give.

Side Step to the right: Move sideward to the right with a light jump landing on the toes with right foot in front of the left so that the right heel is directly over the left toe(1) the right foot is now raised and placed to the right(2) bring left toe to right heel(3) step to right with right foot(4)bring left toe to right



heel(5) step to right with right foot(6) bring left toe to right heel(7) finishing with your weight on left foot and with right foot raised slightly. This completes one "Seven".

"Two Threes": Place your right toe behind left heel, at same time lifting left foot a
bit from the floor(1) replace left foot on same
spot from which it was lifted, at same time lift
ing right foot a bit from the floor(2) replace
right foot behind left foot on the exact spot
from which it was lifted, at same time lifting
left foot a bit from the floor(3) This takes
one measure of music and is counted 1-2-3-pause
Now do the same step again but beginning with
left foot behind right heel. This completes the
"Two Threes."

# Promenade Step

There should be a light springiness or lift to the step. Step forward with right ft, (1) bring left toe to right heel(2) step forward again with right foot at the same time lift left foot a bit off the floor(3) Repeat, starting with left foot, and continue alternately as long as required. It is counted 1-2-3-pause. It is very close to a polka step.

# Cross Hand Grasp

Man takes partner's right hand in his right, left in his left. Usually the man's hand is turned upward and the lady's palm down. The elbows are bent. Hands held about shoulder high



### Link Arms

This should not be an excuse for an elbow reel figure. Link ARMS nor elbows.

You will at first believe that the Side Step is the most tiring. It isn't. What is real ly going to get'you is the Promenade Step. Wait and see if that isn't true. In the National Dan ces of Ireland there is NEVER any loud thomping of the floor with your heels. Remember that. An Irishman picks up his feet and dances a lot on his toes. He also is very proud and stands upright in proof of it. Don't slouch through an Irish dance. There are no fancy spins and turns under the arms completeing a figure.

A psychologist may understand why it is that the rhythm os swing of an Irish Reel or Jig will affect the average audience and put them in a dancing mood. The ordinary individ ual knows only that it is so. It is not only the names of the tunes that have a lilt. It is the air itself as well. Though here are a few names that set your imagination rocking: "Did You See My Man Looking For Me? I Found My Love In The Morning; Molly Of Lough Erne Shore; Young Terence McDonough; Rosin The Bow; Lark In The Morning; Merrily Dance The Quaker; Hare In The Corn; Murphy's Weather Eye; Yesterday's Kisses; Splashing Of The Churn; Basket Of Oysters, Petticoat Loose; Wink Of Her Eye; Bounce Upon Bess; Wallop The Potlid; Growling Old Woman and hundreds more if you had the time to read.

S fuare 30 Dance wearing of the green as called by calpy Calpins of Northampton, mass. a Linguing Call to same music

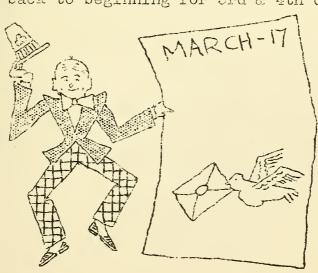
Oh Paddy dear, do you hear? You lead up to the right, Balance to that lady there And swing her nice and light. Then it's up to the next you go, And do a three hand swing, Return now to your partner And salute the dear old thing. Allemande left with your corners all And a right hand to your own, A grand right and left you go, Until you meet your own. You swing her when you meet her, You swing her nice and light, Or there'll be trouble brewin' sure When Pat gets home tonight.

(You are now across the set from original position. Stay there and continue with--)
Now Maggie dear, do you hear?
You lead up to the right,
Swing the mick who's standing there
And hug him nice and tight.
Then it's up to the next you go,
And do a three hand swing,
Return now to your partner,
And salute the dear old thing.
Allemande left your corners all,
And a right hand to your own,
A grand right and left you go,



Until you meet your own.
You swing her when you meet her,
Swing around in place,
Swing your Irish colleen
With a smile upon your face.

(Repeat calls for second couple. THEN) Now all four ladies join left hands And circle half way round, Right hand to your opposite And balance four in line. Swing your opposite all around, Is the order of the day, But now that you have swung him You go back the other way; All four ladies join right hands And circle half way home, Left hand to your partner And balance four in line, Swing your partners, swing your own, By the waning of the moon, The next gent must be ready to dance When I begin the tune. (Go back to beginning for 3rd & 4th couples)



Contra

St. Patricks May in the morning

The music. The same

Extra contraction of the music of the same

Extra contraction of the same of the same

The Dance

Regular contra dance formation. 1st & 4th couples active, and cross over before dance starts.

Active couples down outside and back " the center and back

Cast off and forward six Six hands half around Forward six again

Six hands half around to place Active couples right hand star with couple

couples right hand star with couple above

Left hand star back to place Same two ladies chain

Continue dance as long as desired.



Early on a Monday morning High upon a gallows tree Kevin Barry gave his young life For the cause of liberty

But a lad of eighteen summers Yet there's no one van deny That he went to death that morning Nobly held his head up high.

Lads like Barry are no cowards From their foes they do not fly For their bravery always has been Ireland's cause to live or die.

"Kevin Barry, do not leave us, On the scaffold you must die!" Cried his broken-hearted mother As she bade her son good-bye.

Kevin turned to her in silence Saying, "Mother, do not weep, For it's all for dear pld Ireland And it's all for freedom's sake."

Just before he faced the hangman In his lonely prison cell British soldiers tortured Barry Just because he would not tell.



All the names of his companions Other things they wished to know "Turn informer and we'll free you." Proudly Barry answered "No!"

Shoot me like an Irish soldier. Do not hang me like a dog, For I fought to free old Ireland On that dark September morn.

"All around that little bakery Where we fought them hand to hand Shoot me like an Irish soldier For I fought to free Ireland."

#### \*\*\*\*

Some men have statues in bronze commemorating their deeds; Kevin Darry has a song.

Probably all wars and revolutions produce figures like Kevin Barry. Violent events will always bring out martyrs to a principle. Read the history of Ireland and you will find many of like nature.

#### \*\*\*\*\*

The Jig is thought by many to be of Irish origin. It probably isn't. It corresponds to the French gigue, which features in musical suites, and the Spanish and Italian giga. The last is probably the earliest; Italian giga means instrument or limb and refers to the instrument of accompaniment. It was never a dance of the court. Its fast and furious rhythm consists of groups of three notes, in 3/8,6/8,9/8 or 12/8 time. It has preserved its vitality to the present day.

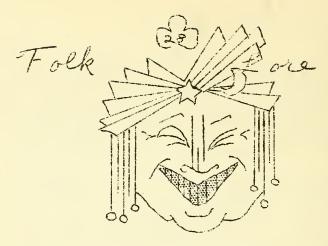
# Continued from page 17 (27)

The amount of pleasure thus generated would be tremendous, but the effects on community life, the positive effects for good, would be more far-reaching than any of us realize. I know they have a good program now, but do they actually approach people to do the job, or do they just accept those who happen to be interested?

One thing to remember is that people can not rise up to demand something they know noth ing about. I am interested not only in the good dancing revival which would come about, but in the more important concomitants of social values. Today, our chief entertainments of movies television, radio do NOT teach young people to work together in harmony, to enjoy each other, to respect the abilities of those of their group who have worked hard to develop skills. Enter-taihment has important duties to perform bedide just amusing people.

Our students study together, which is fine, but the schools don't teach them to play togeth er, which is bad, because they don't know how to get along and have a good time in mixed company.

This year in my school I have a square dance club of 110 eighth grade boys and girls. The gym won't hold any more or I'd have 200. We will take a crack at about 80 dances in all during the year. This club has been going ever since 1946 and has turned a number of young to thinking about square dancing. I believe that a good square dance leader who will make strong efforts with the young folks of his community has just as much effect as a good Scout leader, or as much as a good many of today's preachers, and I mean morally as well as socially.



JEST WHAT U'VE BIN TELLIN' YE

by

#### Herb Warren

By the time of the Spanish-American War, Vermont farmers had pretty much changed over from making butter at home to selling the raw milk to the local creameries. The ordinary farm er would have to take time off from the morning chores to haul his milk to the creamery, a loss of time from work about the place that had its compensations.

Not the least of these was the chance to meet friends and hear what the talk was about, generally a thing or two of some retale value, for the day at least. A little loafing might pay off well: a new story, a quick come-back by the village wit, or spirited joshing more or less friendly.

Mornings that the monthly milk checks were handed out were especially bust occasions for the main commentators. What a farmer received for his last month's milk depended both on the



Quantity and on the quality, "butter fat content" as determined by test. A decimal difference in the monthly tesr would bring forth comments from the farmer concerned; a comparison of test ratings between herds would give everybody a chance to horn in with an explanation real or imaginary.

Water came in for shy allusion, if not out right mention: tests showed that water and milk mixed in some cases. Naturally, this easy way of raising output was known to all; suspects were spotted, rightly or wrongly.

Two farmer friends were highly vocal on this water question, especially as it concerned each other's milk production. A monthly change in the test of one would bring out the explanation from the other and vice versa. If Will! Hayes beat out Lish Williams, he'd gloat and lord it over Lish; when the tables were turned Lish would have his innings. Let Will get to telling what a wonderful watering trough Lish had in his barnyard, let Lish get to pointing out that a whole pond was not exactly out of reach from Will's cow stable, and there was a good show on.

The two-party water tussle had been pretty much a tie all season, much to the entertainment of the bystanders. Then one morning Lish appear ed a little ahead of time, a sparkle in his eye, a little tin pail in his hand. He put the pail to one side out of sight, emptied his milk cans onto the big white cloth strainer over the receiving vat, and looked about, sort of waiting.

"You fellas ain't in no hurry, be ye?" said Lish to the onlookers. "Well, when Will Hayes



comes in with his milk, you jest git him out in the front room for a coupla minutes, then come back, and I'll show yer somethin."

Will showed up before too long and lifted his milk cans over toward the receiving vat, but before he had time to start emptying them some body had him by the ear and out in the front room for something or other.

Lish moved quick: he took the cover off one of the cans, hurriedly poured into its yawn ing mouth the contents of the tin pail-quart of water and three live monnows from his barnyard watering-box-and replaced the cover at once.

In a few moments Will was back at his milk cans with a "Can't be wastin' all mornin' round here". He picked up a can and emptied it right away, as usual. All eyes were glued on the sec ond can as Will took the cover off and began to pour out the white liquid.

"There now!" yelled Lish, "look at that on that strainer! Proves jest what u've been tell in' ye. This morning ye dipped down too damned deep into the pond before settin' out for 'the creamery."

He was pointing at the three helpless minnows flopping about for dear life on the white cloth strainer.

#### \*\*\*\*\*

And I like this next true episode told by Bernie Titus to Herb. Of course the names have been changed round some.

Ely Evans got limbered up on a trip down

cellar one day late in the spring. Not having anything special on hand to do right then, he de cided he'd drop round at school to see what was doing at the Closing Exercises, "jest fer the hell ov it". Couple of the boys thought they'd go along for the same reason. They could hear the "speakin' pieces" reasonably well: the weath er was warm, the outside door ajar. Ely had his ear right up near the opening and was beginning to get the drift, sort of, when one of the others gave him a shove and a swift kick in the pants. Bly went through that door fast, hit the floor kerflumicks that turned into a full sprawl. The teacher came rushing out to see what the rumpus was about, spotted the supine Ely, and exclaimed in a high voice: "Ely Evans, how'd yew ever git in here!!" "Madame," answere Ely slowly but po

#### \*\*\*

One of the nicest things about square and folk dancing is that you meet the nicest people in the strangest ways. For instance, three or four years ago at one of the New England Folk Festivals in Boston, we met one of the fiddlers before the performance started. He was Emil Kes sler, a staff artist on the Boston Sunday Post. He's given some grand cover drawings for the NORTHERN JUNKET, including this month's cover.

A few weeks ago he took a copy of the Christmas issue in to the editor of the Homema-kers Page of that same paper and darned if she didn't give it a write-up as well as giving a recipe from it.

Now that recipe was signed only A.S.T. so that's the way we printed it. A few days after the Sunday Fost write-up we got a letter from Mrs.Ada Savage Tucker, Whitefield, N.H. saying



that she was the A.S.P. in question, that she had written recipes for magazines and papers for several years, and wouldn't we like one reci pe each month from her? Would we like another sdrving of ice cream!!

So here are Mrs. Tucker's first two recipes.



FAVORITE RECIPES OF GOOD COOKS

by

# Ada Savage Tucker

## DOUGHNUTS

This recipe was given to me by Margaret Todd of Whitefield, N. H. who ran the "Toddle Inn" and her doughnuts were a special treat. She told me that it had taught several young homemakers to make doughnuts. It has won prizes for me at three county fairs:

2	eggs	1/8 tsp.ginger
1	cup sugar (scant just	tsp.of either nutmeg
	a little)	or cinnamon
1	cup sour milk	4 to 5 cups flour
2	tsp.salt	1 tablespoon shorten-
1	tsp.soda	ing(melted fat from
1	tsp, baking powder	doughnut kettle)

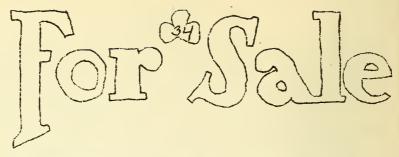
Beat the eggs slightly, and add sugar and sour milk. Sift salt, soda, baking powder and spices with 3 cups flour and add to first mixture. Add enough more flour to make a dough just stiff enough to handle. Add shortening (I add my shortening when I add the sugar and sour milk) Roll dough to about a third of an inch in thick ness, cut with doughnut cutter and fry in deep fat. Temp. 370. Time, 3 minutes each, 1½ minutes each side. The fat is hot enough when it smokes a little as you look across it from the same height as the kettle. Many beginning cooks do not have their fat hot enough. I like a good heavy kettle for doughnuts.

#### MAPLE FUDGE

This is the best recipe for Maple Fudge that I have found. It is truly an elegant candy. A favorite recipe of my dear great great aunt Mrs.Lill Bennett, Lancaster, N.H.

2 cups Maple sugar; 1 cup granulated sugar in large saucepan. Placing over low heat, stirring until dissolved and it begins to boil. Continue cooking without stirring until a soft ball is formed when a little is dropped in cold water, or to 238 on a candy thermometer. Remové from fire, add 4 tablespoons butter and allow candy to stand without stirring until cold, then stir un til it loses its gloss and will "almost" hold its shape. Stir in ½ cup of walnuts or pecanschopped--. Pour into greased tin, 8 by 8 or larger. When cool.cut in squares.

One lady wrote to me saying: "My husband's boss always gives him a gallon of syrup. He wants me to save the whole gallon for fudge by this recipe.



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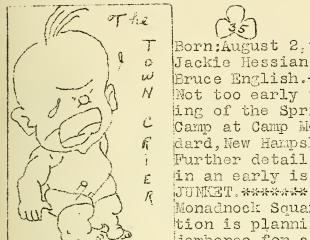
A treasure of pleasure is found in these pages, for families, churches, clubs, parties, camps, rural groups. Here is a chart to create good

fun.

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Order any of the above listed books from Ralph Page, 182 Pearl St. Keene, N.H.

NEW ENGLAND FOLK FESTIVAL March 30 & 51
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Monadnock Square Dance Associa tion is planning a caller's jamboree for a Saturday night

in mid April, in Peterboro, N.H. Town House. \*\*\*\*\*
Next square dance of the Worcester Quadrille Club is in the YWCA gym. March 16, Ralph Page calling. These parties are open to all. \*\*\*\*\*
Thursday, March 15--17 "15th Annual Recreation Conference" at the University of Massachusetts, Amherst, Mass. \*\*\*\*\*\*

Friday, March 8 at 8:15 P.M. "The Singing Ritch ies of Kentucky" at Cooper Union Forum, Astor Pl

& 8th St. New York City. \*\*\*\*

Congratulations to Charley Baldwin's "Country Dance Serenader" in its brand new format. It's free, so why not write him to be placed on his mailing list. Especially if you live in the New

England States, or nearby .\*\*\*\*\*

Fitchburg Quadrille Club will hold their next dance in Wallace Hall, Mar. 10. Ralph Page, calls.\* March 9th at 3:30 and 8:30 P.m. "Native and Clas sic Dances of Hungary" by Paul Szilard and Company at the American Museum of Natural History. Charley Baldwin, Norwell, Mass.is planning three 2 hour sessions of contra dancing at the Brock ton YWCA, Feb. 22, March 1 & 8.\*\*\*\*

In the same place, March 22, Miss Louise Chapin will lead an Institute in English Country Dancing. Louise is the best teacher in New England

for this form of Folk Dancing.



The YMCU 48 Boylston St. Boston, is sponsoring a class in New England square dancing every Tues day night, 7:30-8:30 P.M. Chuck Campbell will be the instructor. For information call Hu-2-1122. Al Brundage will conduct a Square Dance Weekend Workshop at the Country Barn, Stepny, Conn. March 16-17-18. For further information write him at above address, Box 176, Stepny, Conn. \*\*\*\*\* Joe Ferkins will call for the monthly Topsfield Town Hall Hoedown, March, 17. \*\*\*\*\* The Eire Society of Boston is sponsoring a chil dren's party March 17,2 F.M. at Hotel Commander Cambridge, Mass. Irish folk dancing, folk songs, and children's games. \*\*\*\* E.Eddy Madel is leading a Folk Dance Workshop at Sargent College, Thursday evenings, 7:00-9:00 P.M. For further information call Mr Nadel at 22 Mt Auburn St. Cambridge, Mass. \*\*\*\*\* Next dates for the YMCU square dance parties ---Mar. 10. Joe Blundon calling: Mar. 24. Jee Perkins. Merrimack Valley Square Dance Association will hold their next monthly party at Dame School in Concord, M. H. Mar. 21, Ralph Page calling. The Pawtucket YWCA is holding their Annual Spring Square Dance Festival on the evening of Mar. 29,8-11 P.M. at the East High School Gymnasium. Admission .60%.\*\*\*\* See you at the MEW ENGLAND FOLK FASTIVAL, Rock well Cage, M.I.T. Cambridge, Mass. March 30 & 31.

NORTHERN JUNKET, Vol 2, No.7. Two dollars a year, .20¢ per copy. Send subscriptions to the editor Ralph G. Fage, 182 Pearl St. Keene, N. H. Ass't Editors: Joe Blundon & Gil Daniels:



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